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Buttermilk with Blackberries

Ingredients:

- 1 cup fresh blackberries
- 1 Tbsp honey
- 1 cup buttermilk
- pinch nutmeg, if desired

Instructions:

1. Put everything in a blender and process till smooth.
2. Add more honey if needed.
3. Chill and serve.

Hints:

- Want to serve this as something special? Top it with whipped cream. Very German!
- You can use one banana per 1 cup of buttermilk for a "Bananan-Buttermilch". Add 1 teaspoon lemon juice to this as well.